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The Newsletter of BCH Mechanical and ConServ Building Services

See inside for additional information on:

A Word from Our CEO Project Spotlight Recently Completed Projects Recently Awarded Projects Safety Matters! Women in Construction Team Award Winners What's New at BCH & ConServ?

BCH MECHANICAL, L.L.C.

Daryl Blume CEO

John Fields President

Dan Allen Vice President - Operations

Brian Wilkinson Vice President - Sales

Carmandy Garber CFO

Contact Information: BCH Mechanical, L.L.C. 6354 118th Avenue N. Largo, FL 33773 Phone: 727.546.3561 Fax: 727.545.1801 www.bchmechanical.com

BCH Mechanical, L.L.C. is a mechanical contracting company, established in 1976, specializing in HVAC, plumbing, piping, medical gas, sheet metal, and service.

CONSERV BUILDING SERVICES, LLC

Brad McIntre President

Ed Berry Executive Vice President

Jason Morris Vice President - Operations

Brian Powers Vice President - Sales

Zori Cordero Vice President - Administration

Contact Information: ConServ Building Services, LLC 6350 118th Avenue N. Largo, FL 33773 Phone: 727.541.5503 Fax: 727.544.1924 Toll Free Service: 1.800.940.3241 service@conservonline.com www.conservonline.com

ConServ Building Services, LLC, a division of BCH Mechanical, provides commercial HVAC-R services throughout the Southeastern U.S. Expanded services, such as plumbing, electrical, test & balance, and general maintenance, are offered at select locations.

A WORD FROM OUR CEO



The New Year is off to an excellent start! We have many new projects starting, which we will talk about in the months to come, including the Moffitt Expansion and a JW Hotel on Clearwater Beach. The beginning of a project is always critical; to have a wellrun successful job, much of the planning and preparation is

performed long before the first pipe or sheet metal is put in place. The preparation process requires a deep dive into the details, to ensure that the products and materials slated for use are approved and modeled in CAD. This enables pre-fabrication and installation to go exactly as planned. At the core of it all, is a commitment to excellence. A commitment that starts at the top and is ingrained into every person who touches the processes. Recently, I heard the following parable about "Excellence", that I will paraphrase below.

An artist was diligently working on a sculpture commissioned for the local cathedral.

The person who commissioned the work came by and was watching him work on the nearly finished sculpture, that took months to craft, and said, "your work is exquisite, you do the church proud". He also noticed an identical finished sculpture right next to it and asked, "I see you are crafting a duplicate sculpture, why the duplicate piece, we only commissioned one sculpture"?

The artist said, "when I was putting the finishing touches on the first one, I noticed an imperfection just under the nose and started over".

The patron said, "but this sculpture gets mounted 30' inside the cathedral, the imperfection will not possibly ever be noticed".

"I understand", said the artist, "but I would know and that is not acceptable. I would know it was not my best work, so I have started over. I will only deliver 'excellence' in my work and provide the very best I am capable of".

The journey toward excellence includes... Build, Better, and Best.

- **<u>Build</u>** relates to learning from mentors and coaches—you are building your base skill sets in your chosen craft. You are letting community into your life to learn and grow and be open to others.
- <u>Better</u> refers to the constant and never-ending improvement stage in whatever endeavor you take on. The opposite of quit, if you continue to strive toward excellence—you will never quit at anything. As Jim Valvano said: "never give up, never ever give up"!
- <u>Best</u> is when you give the "very best possible" of yourself. The epitome of the artist who would not let the sculpture into the world unless it was perfect, or at least the very best he was capable of.

My takeaway from the parable is, if we strive to do our best when no one is watching, we truly can be something special. If something is worth doing, it is worth doing at your very best. If through your life, you are always striving towards excellence through build, better and best—you will live a fulfilled life.

Our construction journey with each individual project must be a commitment to excellence, in each part of the process from every contributor. When a project misses the mark in some way, whether in quality or milestones, I believe it is the result of a lack of commitment to excellence. If we could retrace our steps, we might find that a team member did not fully embrace this higher standard. If we embrace "excellence" as a team, in everything we do, great projects and successful careers will most certainly follow.

PROJECT SPOTLIGHT

BCH Mechanical is excited to be teaming up with Moss Construction on the JW Marriott Clearwater Beach project! BCH was awarded the HVAC and plumbing scope, totaling around \$15M. The project will consist of a 1,000 ton chilled water system and plumbing fixtures.

Developed by Dr. Kiran Patel, the 391,059 sf mixed-use project will feature 167 hotel rooms and 31 furnished residential units. The amenities of JW Marriott Clearwater Beach will include an elevated 11th-floor swimming pool and bar, spa, meeting rooms, ballrooms, gym, oceanfront restaurant with private dining, approximately 250 feet of private beach, garage parking and more.

Located on the beach at 691 S. Gulfview Blvd., the new addition to Clearwater will offer views of the Gulf of Mexico and the Intracoastal Waterway.

BCH Mechanical previously completed the Dr. Kiran C. Patel College of Osteopathic Medicine (DRKCOM) project back in 2019, and we are beyond excited to work with the Moss Construction team and Dr. Patel's team again!



BCH MECHANICAL RECENTLY COMPLETED PROJECTS

SICKLES HIGH SCHOOL REFERENDUM DURANT HIGH SCHOOL SLIGH MMS COMMUNITY CENTER BAYFRONT HEALTH 7 RIVERS LRH MANHOLE FOR COOLING TOWER TGH 11 2/3 REPLACEMENT

RECENTLY AWARDED PROJECTS

WILSON & GIRGENTI OFFICE TGH AHU-5 COIL REPLACEMENT TGH EP SUBSTATION REPLACEMENT NBH GENERATOR FUEL TRANSFER CLEARWATER HIGH SCHOOL TORONTO BLUE JAYS DEHUMIDIFIER TGH BCH 2021 PROJECTS UT CASS SCIENCE ADDITION CITIBANK AMENITITES PH 1 TGH IR LAB #4 EQ REPLACEMENT

CONSERV BUILDING SERVICES

RECENTLY COMPLETED PROJECTS

TARGET BOYNTON BEACH UT FITNESS CENTER PHASE II DURANT HIGH SCHOOL REFERENDUM BRIOVA RX TAMPA ARHAUS 32 NAPLES PARK CENTER SICKLES HIGH SCHOOL BRANDON REGIONAL DIALYSIS ROOM DRAIN

RECENTLY AWARDED PROJECTS

LONZA PHARMA WOMENS CARE FLORIDA GRAYBAR PANAMA CITY TARGET (MULTIPLE LOCATIONS) MORTON PLANT HOSPITAL STEAM TRAP JW MARRIOTT RESIDENCE SUITES 7 ELEVEN (MULTIPLE LOCATIONS) CARMAX TAMPA JUNMAI STATION SUNHYDRAULICS TRINITY LIFESTANCE CUSTOM MOBILITY FRED KARL CENTER



ELECTRICAL SAFETY: WATCH OUT FOR ELECTRICAL SHOCK



Electrocutions and electric shock kill and severely injure hundreds of workers every year, oftentimes because they weren't aware of the danger until it was too late. Electricity always takes the path of least resistance, and your body can become part of the path because it is a relatively good conductor of electricity. The severity of an electrical shock depends on three primary factors.

First, the greater the amount of electrical current there is, the greater the danger of a severe shock or electrocution. Current is measured in amperage.

Second is the duration or length of time the current passes through the body; the longer the duration of contact with a current, the more dangerous it is.

Third is the specific path the current takes through the body—it is most dangerous when it travels through the heart, lungs, or brain. The severity of a shock is also strongly influenced by resistance; greater resistance means a less severe shock. The dry, outer skin of your body resists electrical flow, but the resistance goes to almost zero when the skin is wet.

You can reduce the risk of electrical shock when you:

- Keep electrical equipment, parts, and tools away from water and dampness.
- Never use water to put out an electrical fire; use a Class C-rated fire extinguisher for electrical fires.
- Before starting work, remember your 5x5 and always inspect the area you're working in for electrical hazards.
- Keep your work environment well lit.

And at home remember the following:

- Check electric cords often for damage. Have damaged cords repaired right away. Worn cords can cause shock, short circuit or fire.
- Pull the plastic housing of the electric plug to take it out of the wall socket; never pull on the cord.
- Do not overload electric outlets with too many items plugged in at once.
- Water and electricity do not mix. Do not operate electric appliances such as radios or hair dryers near a bathtub or sink full of water.
- Never stick your fingers, toys or anything except electric plugs into electric outlets.
- Unplug any appliance that emits sparks or does not work properly.
- Always unplug an appliance before cleaning or repairing it.
- Always unplug the toaster or other appliance when removing a piece of stuck food.
- Remember that a turned-off appliance is still connected to electricity until it is unplugged.
- Limit use of extension cords. Make sure the cord is the appropriate size for use. Some appliances or equipment require heavy-duty cords.

Thanks & Stay Safe! -Rick Hauf, Safety Director





Diane Maher

PRODUCTION ASSISTANT

WHAT ADVICE WOULD YOU GIVE SOMEONE STARTING OUT?

"In these very busy challenging times, prioritize your workload to get as much work out as you can and be a true 'Team Player' so your project team can depend on you for help whenever it's needed. A 'Whatever It Takes' attitude is a win-win."

WHAT IS THE MOST MEMORABLE PROJECT YOU HAVE WORKED ON IN THE COURSE OF YOUR CAREER?

"Working on the administrative side of things, it's really hard to pick a most memorable project since you work on pretty much all of the projects your company has. But what I enjoyed the most is when I worked out on a jobsite. You see the buildings from ground up and get very involved in the everyday construction challenges and successes that happen 'out there in the real world' and are right there to help the project team with whatever you can."



Victoria Cook

FIELD PROJECT COORDINATOR

IF YOU COULD PROVIDE ADVICE TO A YOUNG FEMALE INTERESTED IN A CAREER IN CONSTRUCTION, WHAT WOULD IT BE?

"Definitely get a pair of steel toe boots! Also, I recommend getting all the certifications that you can and educating yourself on the industry. ASK QUESTIONS!"

TELL ME ABOUT YOUR POSITION WITH BCH MECHANICAL - WHAT DOES IT ENTAIL?

"I am the project coordinator on-site at the JHVA. I am responsible for everything from daily reports to timesheets. I am accountable for logging maintenance and readings of the air handlers. I also have a small crew of laborer's that I delegate to clean up tasks on-site. I am basically a right-hand for all my Project Managers and Superintendents! I look forward to continuing my growth and education with BCH in the construction field."



Jessica Muñoz

SHEET METAL HELPER

WHAT PERSONAL QUALITIES HELP YOU SUCCEED IN THIS JOB?

"My ability to learn fast and being a team player."

WHEN DID YOU REALIZE YOU WANTED TO WORK IN CONSTRUCTION?

"Seeing my father do this kind of work my whole life is what sparked the idea. Seeing him create masterpieces from scratch was motivating."



Maria Osorio

SHEET METAL MECHANIC

WHAT IS THE BIGGEST CHALLENGE OF BEING A WOMAN WORKING IN CONSTRUCTION?

"At first, I see this as a necessity. Then wanted to reach the peak in trade and learn everyday at my job as a woman."

WHAT IS YOUR MOST MEMORABLE MOMENT WORKING IN CONSTRUCTION?

"When I felt intimidated being a woman and then being told by my boss what a great job I have done."



J.J. THE "BEE" AWARD



BCH MECHANICAL'S EMPLOYEE RECOGNITION PROGRAM

January Winner

February Winner

March Winner

J.J. THE "BEE" AWARD



Edgardo Tavarez Torres



Pedro Pagan

Bill Rowley

ROWER OF THE MONTH

CONSERV BUILDING SERVICES EMPLOYEE RECOGNITION PROGRAM

January Rowers

Charlotte: Dwayne Massey Raleigh: Jose Henriquez Atlanta: Mike McDill Tennessee: Mindy Herrera Alabama: Josh Moore Orlando: Steven Guerin Sunrise: Eduardo Diaz Largo: Angel Torres Largo Trades: Jimmy Lopez

February Rowers

Charlotte: Anthony Randolph Raleigh: Barry Croom Atlanta: Kevin Greene Tennessee: Don Bauer Alabama: Tony Lambert Orlando: George Williams Sunrise: Trevor Gentles Largo: Gregg Tenney Largo Trades: Frank Conway

March Rowers

Charlotte: Michael Vaughan Raleigh: Larry Volkov Atlanta: Robert Tschudy Tennessee: Adam Hinton Alabama: Pat Holbrooks Orlando: Freddie Ramos Sunrise: Frank Heuser Largo: James McBride Largo Trades: Dave Jagars

What's new at BCH Mechanical and ConServ Building Services?



Our Preconstruction team started the year off enjoying a little team bonding time. We had some competitive fun at the Hatchet Hangout - Axe Throwing in St Pete!



Our Estimating and Production Team (pictured above) joined the ABC Young Professional's Group back in January. They boarded The Lost Pearl and cruised the bay, while networking and enjoying a gorgeous Tampa sunset!



Our Preconstruction team was able to enjoy some time at Topgolf Orlando with the R. C. Stevens Construction Company crew back in March! It was such a great opportunity to connect and have some fun with this wonderful group!



Ronald McDonald House hosted their 5th Annual Sporting Clays for Kids on March 12th, and our team had a blast! Pictured left to right: Brian Wilkinson, John Marshall (JE Dunn), Dan Frazier (JE Dunn) and Travis Lau.



A few of our Estimators joined the ABC Young Professional's Group, partnering with Keep Pinellas Beautiful, to take part in

Group, partnering with Keep Pinellas Beautiful, to take part in a beach clean up at North Gandy Beach. We are proud to report that this group removed 660 pounds of trash!



If there is a reason to celebrate, our employees will find it! We had a festive bunch for Valentine's Day and St. Patrick's Day (pictured to the left). Our team also couldn't hide their excitement about our Tampa Bay Buccaneers heading to the Superbowl this year (pictured above)!

New Additions to the Family



Our Project & Division Manager, Craig Bialkoski and his wife Lauren, welcomed their precious baby girl, Harper Rae Bialkoski, on January 25th. Congratulations to this beautiful family!



Our HR Generalist, Ryan Earl and his wife Cheryl, welcomed their beautiful baby girl, Riley Olivia Earl, on Super Bowl Sunday! Congratulations to all of them on their big win!

Employee Appreciation Day

A big thank you to our entire team! We celebrated National Employee Appreciation Day on March 5, 2021. Our BCH Mechanical and ConServ family has prospered – all thanks to the extraordinary team that has continually helped us grow over the years. We are grateful for the people who make us smile, the people who make work fun, and the people we can count on to get the job done!



