

THE BUZZ

The Newsletter of BCH Mechanical and ConServ Building Services



BUILDING SUCCESS TOGETHER

What is the key to success?
In today's fast-paced and
interconnected world, teamwork
is more critical than ever.

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SOMETHING NEW IS COMING SOON

BCH was awarded the
mechanical & plumbing scopes
for the Orlando Health Lakeland
Highlands project!

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CELEBRATING WIC WEEK 2024

Keys to the Future:
Celebrating the vital role women
play in shaping the future of the
construction industry.

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Building success together

A MESSAGE FROM THE PRESIDENT

In today's fast-paced and interconnected world, teamwork is more critical than ever. Effective collaboration among team members can make all the difference. Here at BCH and ConServ, we have one of the greatest groups that work day in and day out to produce a stellar product for our customers. The main factor that makes our team excel is the inherent trust that everyone has in each other. It starts with something as simple as our Courage to Care pledge, where anyone is empowered to speak up to keep everyone safe. Something as simple as this provides the basic underlying principle of trust, knowing everyone is looking out for each other. We do regular things to support one another, whether it's a morning huddle, safety lunch, company picnic, or training event. We are fortunate to have worked on significant projects that helped to improve the local community.

As we have grown, we occasionally miss the mark, and there is always the opportunity to improve communication and goal setting. We also need to spend time with mentoring and career development as our workforce is shrinking. Covid changed our industry in several ways. We have seen many retire or leave the industry altogether. We have now emphasized internal training programs, where we previously depended only on outside programs. We are now at a point where we have to come up with creative ideas on how to help foster growth and recruit those looking for an opportunity to learn a trade. Although our work can not typically be done remotely, it has led to many exciting changes in fabrication. Our industry is seeing change at breakneck speed; whereas automation and fabrication were only dreamed of, they have now become major in completing construction projects. We now fabricate entire central energy plants offsite and bring in a modularly constructed plant versus the days when we were required to build it onsite. To bring in prefabricated items onsite involves a lot of teamwork and even more communication than ever before to coordinate this offsite fabrication. Our firm is fortunate that we are of the size and scale to offer these types of services. It allows us to train those less experienced in the trades and gain a tremendous amount of knowledge in a safe environment. This training ground can lead to taking what was learned in a shop environment to the field.

We continue to grow and develop here at BCH and ConServ and will evolve. Hopefully, we continue to keep the concepts of teamwork and support of those around us. The development of our team will be key to our success in the future, as it has been for many years. I am thankful for the many employees here at BCH and ConServ and their willingness to help our team grow and improve daily.

-John Fields, President



PROJECT SPOTLIGHT

ORLANDO HEALTH LAKELAND HIGHLANDS HOSPITAL

BCH Mechanical was awarded the \$53.4M mechanical and plumbing scope of work for the Orlando Health Lakeland Highlands project in Lakeland, Florida. We are thrilled to be working with Skanska on another exciting project, which is expected to be completed by the Summer of 2026!

The 302-bed, 7-story hospital will be located at the southeast corner of the intersection of the Polk Parkway and Lakeland Highlands Road. The hospital will feature nearly 30 ICU-progressive care rooms, 16 patient rooms to support a women's birthing program, shelled space for a future neonatal intensive care unit, a 48-bed emergency department and additional medical and support services including imaging, lab, pharmacy, dining and gift shop.



The mechanical scope consists of: 10,535 LF chilled water piping, 29,281 LF heating hot water piping, 1,156 LF steam piping, 689 LF steam condensate piping, 3053 LF condensate piping, 378,241 LBS of galvanized rectangular sheet metal ductwork, 79,100 LBS of spiral galvanized ductwork, 9 central station chilled water air handling units, 1 modular low-temperature water chiller, 1 heat pump chiller, 4 inline heat recovery chiller pumps, 1 air cooled MRI chiller, 3 chilled water computer room air conditioning units, and 14 modular OR ceiling systems.



The plumbing scope consists of: 44,642 LF sanitary piping, 1,044 LF grease waste piping, 11,677 LF storm piping, 74,671 LF domestic water piping, 810 LF compressed air piping, 414 LF natural gas piping, 56,576 LF medical gas piping, 833 plumbing fixtures, 362 plumbing drains, one 110-gallon acid neutralization tank, and one 3000-gallon decontamination holding tank.

Women IN CONSTRUCTION WEEK



JEANNIE LEWIS

HUMAN RESOURCE DIRECTOR

"My advice to women considering a career in construction is to seek mentorship, don't be afraid to ask questions, and embrace all of the unique qualities and skills that you possess!"



CARA HILL

PRODUCTION ASSISTANT

"What makes me proud of the work that I do is the loyalty that I have for my company naturally motivates me to take pride in all the projects that I am a part of. I feel a great sense of accomplishment in the success of our team as we collaborate to move our project forward."



LEIDY CARRION RUIZ

PLUMBER

"I am proud to be able to be part of the small percentage of women who make up the construction industry and to be able to provide for my family".



RUBY KING

PRODUCTION ASSISTANT MANAGER

"The construction industry is constantly improving while also offering new challenges. These challenges offer opportunities for personal and professional growth and improved skills."



CARMANDY GARBER

CHIEF FINANCIAL OFFICER

"I have been a part of the BCH family for almost 22 years and have held every position in accounting and finance. I truly enjoy sharing the knowledge I have gained to help develop future leaders."



MARIA OSORIO

SHEETMETAL MECHANIC

"Do not let anyone tell you that you can't do something, as a woman you can do anything you set your mind to. I encourage every woman to consider a career in construction!"



VICTORIA COOK

ASSISTANT PROJECT MANAGER

"Get a pair of boots, safety glasses, and gloves and get in the field to ask questions. Keep an open mind and always remain coachable!"



SAFETY FIRST, **SAFETY ALWAYS!**

- A MESSAGE FROM OUR SAFETY DIRECTOR, JEREMY BENDORF -



We have jumped quickly into 2024. A big thank you to everyone for all your hard work and all your safe work. It is amazing to witness the evolution of our safety culture and presence on our job sites. The safety team is now assisting in pre-job tasks for cranes, excavations, fall hazards, confined spaces, gas work and lock-out tag-out. The results are unknown, as we simply don't know how many lives have been saved or injuries prevented. Near Miss and 5x5 and morning huddles for JHA meetings are the heartbeat of this success. We started Safety Committee teams this year and are meeting monthly to discuss preventative measures as well as to share successes and challenges we all face daily. Insight and influence from the field on proper and good safety measures are always valued and appreciated.

Our safety lunches at the shops and in the field have proven to be successful for training and awareness. We are truly successful when our leadership makes it a priority to not only support safety lunches and meetings but to be proactive contributors and leaders within these meetings.

We are quickly approaching high temperatures and summer weather. Please remember to stay hydrated every day. If you come to work on Monday and do not hydrate over the weekend, you are already behind. Our body hydrates 16-32 hours ahead of our time. We will have supplies on-site to assist in keeping you cool and hydrated. Adverse weather is also a challenge in summer. Please do not work when there is lightning. Everyone must stop working outside for 30 minutes for any strike within 10 miles of their work site. This includes working on exterior equipment, scaffolding, roof top work and of course cranes. **DO NOT TAKE CHANCES.**



Always know that any questions are welcome. The Safety Department's goal is to be a valued asset to this incredible team. Be safe and make good choices. We are on a collective journey to **ZERO INCIDENTS.**

CONSERV TRAINING

FIELD PIECE SMART TOOLS



ConServ Building Services recently rolled out Field Piece Smart Tools to all of our Service Technicians. These new tools will allow our customers to see a variety of different information on unit operations and allow us to continue to implement new processes to provide the best experience possible to our customers. In the past few months, our Service Technicians were trained on how to use the new equipment and how it will be utilized.

RUN FOR THE CUP

AND THE WINNER IS...

Tennessee: Back-to-Back CUP Winner!

In 2013, ConServ Building Services created “Run for the Cup” to create friendly competition between our branches. The aim was to set attainable goals and reward the office that could reach or exceed those goals.

Upper management produced a list of several objectives that could be measured and tracked over a year long period and assigned point values, being either positive or negative, based on the branch’s performance. If above the goal, the branch would receive one point and if below the goal, the branch would receive a negative point. The metrics are shared with each branch every month and at the end of the 12 month period; the office with the most positive points is declared the winner. Congratulations to our Tennessee team for taking home the cup for the second year in a row!

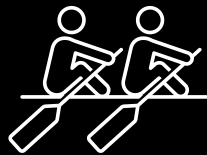


BOB HOLBROOKS RETIRES!



The legend has retired! Bob Holbrooks, General Manager of the ConServ Alabama branch, retired in January. Bob came on board with ConServ back in 2012 with the successful merger of Stillwater and ConServ. This merger helped the company to expand into Alabama and later on to Mississippi. Bob helped ConServ with refrigeration, which Stillwater specialized in. ConServ also got some unique opportunities in areas of work never contemplated

before and expanded our service offerings. Visiting Bob was always enjoyable, as the office in Alabama was also attached to a farm. The environment was always a little calmer and serene than our typical office. The contributions Bob has made will always be felt here at ConServ. He has a perfect barbecue setup and is known for smoking meat, and he even did fundraisers selling his exceptional BBQ. Bob also enjoys target practice with his guns on the farm. We wish the best to him, as he enjoys some nice vacations with his wife and enters retirement. Thank you, Bob, for all you have done over the many years with us!



ROWER OF THE MONTH

CONSERV BUILDING SERVICE'S EMPLOYEE RECOGNITION PROGRAM

January Rowers

Charlotte: Colby Reid
Raleigh: Barry Croom
Atlanta: John White
Tennessee: Tim Elrod
Alabama: Nick Pavino
Orlando: Richard Veno
Sunrise: Raymond Spaulding
Largo: George McKee
Largo Trades: Thomas Angelina

February Rowers

Charlotte: Gerald Wyles
Raleigh: Maria Davis
Atlanta: Issac Torres
Tennessee: Andrew Gall
Alabama: Brandy Scarborough
Orlando: Richard Veno
Sunrise: Run Asato
Largo: Rebecca Bass
Largo Trades: Brendan James

March Rowers

Charlotte: Kendrique Lawton
Raleigh: Heather Privette
Atlanta: Alan Newton
Tennessee: Carlos Santiago
Alabama: Richard Parker
Orlando: James Yost
Sunrise: Run Asato
Largo: Stefanie Maier
Largo Trades: Mark Severance

Life is a carnival

ENJOY THE RIDE!

In January, we held our annual company picnic at Philippe Park in Safety Harbor. It was a day full of carnival fun, games, and prizes! A big thank you to all our vendors who graciously donated prizes to raffle off to our employees! We hope our employees and their families enjoyed their day and know how appreciated they are! We can't do what we do without you!





CARNIVAL FUN



What's new WITH OUR CREW?



The USF Virology Project Team stopped by in February for a shop tour. They were able to tour our Sheet Metal, Piping and Plumbing shops and learn more about our capabilities when it comes to pre-fabrication. A big thank you to the team for taking time out of their day to spend with us!



BCH Mechanical was a proud sponsor of the 3rd Annual Casting for Cardiac Kids Fishing Tournament for John Hopkins All Children's Hospital on March 29th!



BCH Mechanical sponsored the 11th Annual Florida Fun Shoot on February 16th, presented by Operation Patriot Support. Proceeds benefitted Gold Star families, veterans, law enforcement, and first responders.



BCH attended the The Moffitt Open on March 2nd at the award-winning Streamsong Resort. Our team played 18 holes, received golf-theme prizes, and enjoyed the two-day occasion. All proceeds benefit the Moffitt Foundation and its dedicated mission of preventing and curing cancer.



Our team showed their team spirit on March 28th to celebrate Opening Day of Baseball Season! Let's go! #RaysUp



A few of our estimators took a trip to Pennsylvania to visit to the Victaulic headquarters in January! Thank you to the Victaulic team for hosting us!

LET'S CELEBRATE!

2024 Quarter 1 Service Anniversaries

January

Angelo Terrasi	35 Years	Ruby King	4 Years	Ryan Carll	2 Years
Caswell Green	26 Years	Steven Parker	4 Years	Romario Hagins	2 Years
Daniel Rau	21 Years	John Ward	4 Years	Kaleb Hemphill	2 Years
Daniel Allen	19 Years	Abby Keilman	3 Years	Lamont Gordon	2 Years
Robert Blalock	14 Years	Ryan Magee-Yturriaga	3 Years	Marcin Wlodarczyk	2 Years
Samantha Bryan	10 Years	Travis Lau	3 Years	Benjamin Dykeman	2 Years
Richard Parker	10 Years	Leonardo Loaiza Barrera	3 Years	Mel Luis	1 Year
Gary Helms	9 Years	Marvin Meyer	2 Years	Christopher Tribble	1 Year
Robert Couffer	9 Years	Lisa Le	2 Years	Daniel Parsons	1 Year
Felix Santoyo	9 Years	Neil Patterson	2 Years	Leidy Carrion Ruiz	1 Year
Joel Pool	7 Years	Tristan Sawyer	2 Years	Jose Viloia	1 Year
Halim Roy	7 Years	Viridiana Stees	2 Years	William McBroom	1 Year
Victoria Cook	4 Years	Ricardo Serracin	2 Years		

February

Laura Catlow	25 Years	Yonexy Castillo Reyes	7 Years	Thomas Angelina	2 Years
Earnest Dunn	22 Years	David Brown	6 Years	Javier Amaya Silva	2 Years
Arnoldo Masters	20 Years	Jonathan Correale	6 Years	Brian Overman	2 Years
Grant Walker	16 Years	Patrick MacGrogan	6 Years	Marissa Alexio	2 Years
Kristee Whorton	14 Years	Stephen King	6 Years	James Lannom	2 Years
Brian Powers	13 Years	Joseph Azzaro	4 Years	Christopher Hunt	2 Years
Laura Tyler	12 Years	Tiffany West	4 Years	William Phillips	2 Years
John Kopervos	12 Years	Jose Martinez	4 Years	Joseph Surey	1 Year
Sean Bageard	9 Years	Linus Barber	4 Years	Eduardo Irsula Seoane	1 Year
Evangelina Hart	9 Years	Nickolas Filippou	3 Years	Deverye Taylor	1 Year
William Bishop	8 Years	Jad Heslin	2 Years	John Bowman	1 Year
Timothy Murphy	8 Years	Neil Post	2 Years	Augustus Greaux	1 Year

March

Jesse Moody	38 Years	Mark Severance	7 Years	Jacob Bowman	3 Years
Shane Downs	18 Years	David Murphy	7 Years	Osvaldo Soto Santiago	2 Years
Terry Kahl	16 Years	Zachary Duda	7 Years	Eddie Oliver	2 Years
James McBride	14 Years	Karel Ojeda Rodriguez	6 Years	Zachary Kulchin	2 Years
Jennifer Lopez-Alcedo	14 Years	Osvaldo Pena Rodriguez	6 Years	Jadir Rojas Estevez	2 Years
Christian Garcia-Escalante	10 Years	Ernesto Rodriguez Perez	6 Years	Lori Pearson	2 Years
Tammy Throgmorton	10 Years	Dwayne Massey	5 Years	Dylan Pigford	2 Years
Angel Torres Gonzalez	10 Years	Nicholas Wertman	4 Years	Huber Torres	1 Year
Dennis Carroll	9 Years	Michaela Williams	4 Years	Maria Davis	1 Year
Dionisio Cartagena	8 Years	Anthony Hughes	4 Years	Clifton Tyson	1 Year
Rosa Gonzalez Lizardo	8 Years	Natalie Kim	3 Years	Cara Hill	1 Year
Ruben Castillo	8 Years	Mile Zekanovic	3 Years	Jeffery Joerin	1 Year
Heather Duncan	8 Years	Albert Geddes	3 Years	Andrew Gall	1 Year
Jason Cook	8 Years	Hunter Hart	3 Years	Brendon Straub	1 Year
Cynthia Martin	7 Years	Jose Rodriguez	3 Years		

ORLANDO HEALTH LAKELAND HIGHLANDS HOSPITAL
LAKELAND, FLORIDA



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MECHANICAL
CONNECT WITH BCH!



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