

THE BUZZ

The Newsletter of BCH Mechanical and ConServ Building Services



HOW DO WE HANDLE CHANGE?

Change is inevitable - See how our President is leading the charge when it comes to being receptive to change.

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CELEBRATING WIC WEEK 2023

Many Paths, One Mission: Strengthening and amplifying the success of women in the construction industry.

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OUR TEAM IS CRUSHING IT!

Check in with our team at Raymond James Tower 3 to see how they are crushing every challenge that comes their way.

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Change is inevitable

A MESSAGE FROM THE PRESIDENT

As we start the new year, a lot is changing daily. Sometimes this can be overwhelming and stressful. Our industry is seeing a revolutionary change in bringing efficiencies to decrease costs and timeframes to complete projects. The latest technologies and software entering the construction world are tremendous and rapid. The new equipment and materials used on construction projects force us to change how we look at building projects. In addition, the staff changes and the loss of the talent they take with them when they exit the organization, and potentially the industry, has an impact.

The challenge for our organization and industry is not to lose focus on what has brought us success, but on what we can do to improve our current processes and procedures to be slightly better today than yesterday. We can not get overwhelmed by the change but be willing to be receptive to the change and improve the organization. We must be ready to embrace change or at least have an open mind when looking at these new technologies. However, we must also be willing not to lose the culture and spirit that has gotten us to where we are.

“

The secret of
CHANGE
is to focus
ALL OF YOUR ENERGY
not on fighting the old,
but on building the new
-Socrates

”

BCH is now starting to write a new chapter, as some of our veteran staff are retiring, and some of our team are taking on new roles and responsibilities. We thank those who have worked to create the fantastic organization we have today. I want to thank Daryl Blume for his many years as our leader and mentor. We have big shoes to fill as we make this transition. It is also an exciting time for all of us to show what we can do in the future. The organization and I are very fortunate to have a great staff that will take us forward as we encounter this new change.

-John Fields, President

Women IN CONSTRUCTION WEEK



VICTORIA COOK
ASSISTANT PROJECT
MANAGER

"I'd say the most challenging part about my job is learning all the different systems and processes. There are a lot of details to understand, but I enjoy every minute of it. I love a good challenge!"



RUBY KING
PRODUCTION ASSISTANT
MANAGER

"I am constantly impressed with the size of the projects that our team works on! On a personal level, I enjoy the feeling of accomplishment when my team members are in a pinch or unable to figure something out and I am able to knock it out of the park!"



MARY LOGRANO
CAD DESIGNER

"Never lose sight of your strengths, even when you feel out of place or overwhelmed. Surround yourself with those that see your strengths too, so you can all build each other up."



CHARLIE BERG
PURCHASING AGENT

"I'd just assure them that it's really a great industry & that their skill sets & perspectives could really benefit the industry as a whole. It's intimidating to get into a male dominant field, but I think that's just more reason to do it."



HOLLY MOORE
PURCHASING AGENT

"Be sure to ask questions, develop your confidence, work hard, do your job with integrity and in doing so, you will earn respect regardless of your gender."



ESTEFANIA CARRION RUIZ
PLUMBER

"My advice to any young person starting in this industry is to take advantage of the opportunity to be constant and responsible. Take the opportunity to learn and develop in that area. You are always the best and do your job with excellence that will give you the opportunity to grow and go for more."



CHERYL GIUMENTARO
SAFETY ADMINISTRATOR

"There are very few industries that allow a woman to accomplish important goals timely and professionally through teamwork and communication. The final product makes every day of hard work totally worth it through accomplishments and personal satisfaction."



PROJECT SPOTLIGHT

PASCO COUNTY JAIL EXPANSION

BCH Mechanical was awarded the mechanical scope of work for the Pasco County Jail Expansion project in Land O' Lakes, Florida. We are excited to be working with **Moss & Associates** on another exciting project, which is expected to be completed by the Summer of 2025.

The 608-bed expansion will take place on a 28.5-acre site at its Pasco County Corrections Center. The 386,477 square-foot addition, estimated to cost more than \$200 million, will include new inmate housing, a virtual visitation center, medical and mental health areas, inmate intake and release areas, kitchen and laundry facility improvements, as well as other features.



The mechanical scope consists of: more than 377,000 pounds of rectangular sheet-metal ductwork, twenty-six (26) DX packaged rooftop units totaling more than 296,000 CFM of total airflow and 1,190 tons of total cooling, twenty-seven (27) bi-polar iMOD ionization purification units, sixteen (16) energy recovery ventilators totaling 64,800 CFM of airflow, smoke evacuation system including forty-two (42) smoke evacuation fans totaling 429,000 CFM of exhaust air and twenty-four (24) smoke make-up fans totaling 371,000 CFM of make-up air, DuraDuct GNX 2-hour fire rated ductwork for smoke evacuation system, one hundred eighty-four (184) variable air volume boxes and thirty-six (36) fan terminal units, supply and exhaust air connections to 274 prefabricated inmate pods, and more than 2,600 air devices and security grills.



“

JOHN BOWDEN, OF MOSS CONSTRUCTION, SAID: “THIS IS A BIG PROJECT, VERY EXCITING, A LARGE PROJECT. WE’VE ASSEMBLED AN A-PLUS TEAM. WE’RE VERY EXCITED ABOUT WHAT WE’RE GOING TO DELIVER OVER THE NEXT COUPLE OF YEARS.”

”

Crushing it

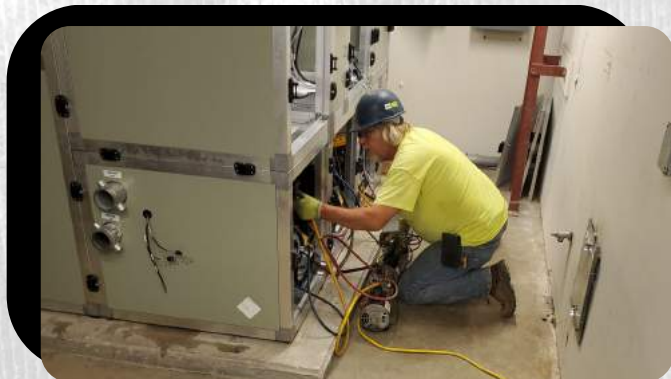
@ RAYMOND JAMES TOWER 3

BCH Mechanical has been hard at work on the mechanical unit(s) replacement project for **Raymond James at Carillon Parkway** in Clearwater, Florida.

This project came with many challenges, but that never stops our team! First and foremost, we were challenged with doing the work only on weekends and after hours.

The task: Demo existing air handling units (AHU), remove them from the building, and then install new units in their place with all new ductwork in the mechanical room, as well as a new Variable Air Volume (VAV) box for each unit. **Our plan:** Targeting one AHU per weekend, including all electrical, piping and controls.

Ray Cordell, CAD and Prefabrication Coordinator, developed an hour-by-hour schedule of each weekend's work and got the other subcontractors on board. Each weekend since December (with a few off), we have been changing one unit out. As Ray says, *"We have to be like boy scouts on a camping trip...nothing left behind and no one can know we were there"*.



Our team could not have achieved the success that we have had so far without all of the subcontractors, as well as our own forces. Felix Cordero, Sheet Metal Superintendent, has been the linchpin and our supervisor on the ground.

Another logistical challenge was how to get the units from our temporary storage area across the street over to the building, while staying within our rental budget and the nine month schedule. Felix Cordero suggested that we take the trailer that housed the units over to the loading dock and unload it with pallet jack. We presented this idea to the owner's rep, and it was approved.

Another challenge was getting the units through the loading dock doors and up the elevator. All pieces of the Trane modular units fit except for the coil section. The height would require us to remove the door frames, not only of the loading dock, but those on each floor as well. Ray decided to have a unit shipped to the shop and have our team assemble it there. We wanted to see if we could remove the top of the unit and if it would be enough to clear under the doors. We were successful and were a ½" under the door frame. But we still had to roll it in. So, we used ¼" rod under the unit to roll it on. That left us ¼"- plenty of room!

Teamwork has been the key to success on this project. We still have plenty left to accomplish, but our team is looking forward to **crushing** this one together!

SAFETY FIRST, SAFETY ALWAYS!

- A MESSAGE FROM OUR SAFETY DIRECTOR, JEREMY BENDORF -

Safety is moving forward in all efforts to support you. Please take time to continue your 5x5 progress, JHA progress and Near Miss progress.

Heat is coming: Staying hydrated is a key element in your day-to-day health. Drink water and electrolytes. I would encourage everyone not to drink sodas and energy drinks while working during the day. They may give you a burst of energy, however, they follow with a crash. They also do not hydrate, as they are a diuretic.



Heat Season also brings cause for staying cool. If you feel overheated or suddenly weak, it may be too late. Stay hydrated and cool as much as possible. Don't let pride keep you from notifying your supervisor that you are hot and need a cool down break.

In the event you find yourself or a co-worker overheating, seek assistance. Place cooling towels or even ice in the arm pit area and on legs to begin to cool the core temperature down. That said, we would rather avoid overheating by proactive hydration and education.

Heat also brings storms. Please do not work out on decks or roof tops in severe weather, especially lightning. Remember that after any strike within 10 miles, we have to stop activity for 30 minutes. Please be mindful of the rain and wind. Rain and wind can change the safe working conditions of any jobsite in a split second. Doing a 5x5 or a new JHA after a weather event is always a good practice.

Don't forget to stretch. As we track and trend the injuries and incidents that occur, we have noticed an increase in sprains and strains. A good way to prevent this is stretching. A strong Stretch and Flex program performed every morning is a key component in keeping your arms, legs, back and shoulders from simple muscle and strain injuries. Please stay loose and ready for work... HYDRATE AND STRETCH DAILY!!

REMEMBER TO TAKE TIME TO STRETCH



ARMS TO THE CEILING



ELBOW BEHIND HEAD



HANDS BEHIND NECK



BACK EXTENSION



QUAD & FLEXOR



CHEST STRETCH

GET TO THE {root} OF IT

BCH MECHANICAL HOSTS A CAUSE MAPPING WORKSHOP

BCH Mechanical hosted our parent company, Comfort Systems USA, and other operating companies for a training back in February. Over 25 attendees joined us from all over the United States for the three-day training!

The training covered cause mapping, which provides a visual explanation of why an incident occurred. It connects individual Cause-and-Effect Relationships to reveal the SYSTEM of causes within an issue. A cause map can be very basic or highly detailed, depending on the complexity of the incident.



One of the advantages of the Cause Mapping methodology is the systematic process for identifying "ROOT CAUSES" (Root Cause Analysis) of problems or events and responding to them. This Root Cause technique is based on the basic idea that effective management requires not merely putting out fires for problems that may develop but finding better means to prevent them altogether.

Cause Mapping helps identify the problem, why it happened, and what will/can be done to prevent it from happening again. Whether in Safety (accident investigation), Operations (fixing/strengthening work practices), Human Resources (strengthening performance measures, time efficiency gains), or Service (trouble shooting why and how systems fail), Cause Mapping will help identify the cause of a problem or event.



A big thank you to Mark Galley with ThinkReliability, who helped facilitate the training. Our companies returned to work with additional tools to solve problems, improve operations and increase reliability. Thank you to Comfort Systems and all operating companies for joining us in sunny Tampa, Florida!

SOLVE PROBLEMS. PREVENT PROBLEMS.

2022 TOP PERFORMERS



We acknowledged 25 individuals at the end of 2022 as BCH Mechanical's 'Top Performers'. These individuals worked every day and many overtime weekends to cover shutdowns and labor shortages—they are the backbone of what our company is all about. We faced a lot of challenges this year, especially with the labor shortage. We recognize these individuals for going above and beyond and for their extensive hours of service and incomparable commitment towards work in 2022. Thank you for putting in your maximum efforts, delivering stupendous results and representing BCH proudly!

**CRISTOBAL RIVERA
JORGE VAZQUEZ ACOSTA
LEROY PITTS JR
HANS REBER
ANTONY ACOSTA
RAYMOND BRENSINGER
KENNETH MACKENZIE
TIMOTHY HIGGINBOTHAM
ORLANDO SAAVEDRA MOMPIE**



CRISTOBAL RIVERA
PLUMBER

**FELIX CORDERO
NICKOLAS FILIPPOU
GUY BENJAMIN-TORRES
ALBERTO WHITTAKER
JONATHAN CORREALE
JUSTIN KLEIN
JOEL POOL
WILLIAM PETREE
ETHAN CHAPKA
ELVIN RIVERA
CALVIN WOLFE
AARON KISTNER
TYLER LANE
JASON TAYLOR
DAVID BROWN
URIM KROSI**

J.J. THE "BEE" AWARD



BCH MECHANICAL'S EMPLOYEE RECOGNITION PROGRAM

January Winner



Marissa Alexio

February Winner

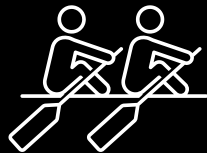


Victor Ortiz

March Winner



Steve Lazar



ROWER OF THE MONTH

CONSERV BUILDING SERVICE'S EMPLOYEE RECOGNITION PROGRAM

January Rowers

Charlotte: Ariel Diaz
Raleigh: Jonathan Pirie
Atlanta: Gary Ogdenski
Tennessee: Miguel Garcia
Alabama: David Murphy
Orlando: Hasan Stewart
Sunrise: Juan Carlos Rivera
Largo: Brian Wilcher
Largo Trades: Tom Lockwood

February Rowers

Charlotte: Gabriel Duprey
Raleigh: Dardan Dabaj
Atlanta: Al Geddes
Tennessee: Carlos Santiago
Alabama: Nick Pavino
Orlando: Louis Marquez
Sunrise: Juan Rivera
Largo: Chris Tribble
Largo Trades: Daniel Masson

March Rowers

Charlotte: Jason Fish
Raleigh: Louis Nappi
Atlanta: Eric Marra
Tennessee: Vonterio Gant
Alabama: Chris Hill
Orlando: Jean Reyes
Sunrise: Michelle Martin
Largo: Mike Haddox
Largo Trades: Roberto Barea

What's new WITH OUR CREW?



Our team attended The Children's Classic Golf Tournament, benefitting South Florida Baptist Hospital Foundation on March 31st. The proceeds benefit children's activities through these organizations as well as the operations of the SFBH Community Health Wellness on Wheels program.



BCH Mechanical sponsored the ACE Shootout Sporting Clays Challenge on March 5th. This event benefits the ACE Mentorship Program, which provides guidance and scholarships to deserving students interested in the architecture, construction and engineering fields.



Fridays are for fishing! BCH Mechanical was a proud sponsor of Gilbane's Reel to Heal Fishing Tournament, benefitting the TGH Foundation, on March 24th.



On January 13th, BCH Mechanical attended and sponsored the Tunnel to Towers Foundation Golf Tournament. All proceeds go to the Hurricane Ian Disaster Relief Fund in Florida.



If there is a holiday, our team is celebrating! Our Largo, FL office went GREEN in celebration of St. Patrick's Day! 🍀



Associated Builders and Contractors hosted their 1st Inaugural Marg Madness event on March 30th! Our team knows how to deliver when it comes to a theme and took home the Best Display award!

LET'S CELEBRATE!

2023 Quarter 1 Service Anniversaries

January

Angelo Terrasi	34 Years	Carlos Diaz Lantigua	5 Years	Kaleb Hemphill	1 Year
Jeffery Laska	29 Years	Mathew Wrege	4 Years	Antonio McPherson	1 Year
Caswell Green	25 Years	Ryan Magee-Yturriaga	3 Years	Romario Hagins	1 Year
Daniel Rau	20 Years	Abby Keilman	3 Years	Raymond Garcia	1 Year
Brian Wilkinson	15 Years	Ruby King	3 Years	Ricardo Serracin	1 Year
Robert Blalock	13 Years	Victoria Cook	3 Years	Janis Valentine	1 Year
Wayne Tepper	10 Years	Steven Parker	3 Years	Benjamin Dykeman	1 Year
Samantha Bryan	9 Years	Leonardo Loaiza Barrera	2 Years	Ryan Carll	1 Year
Richard Parker	9 Years	Travis Lau	2 Years	Viri Stees	1 Year
Felix Santoyo	8 Years	Christopher White	2 Years	Tristan Sawyer	1 Year
Gary Helms	8 Years	Zachariah Hampton	2 Years	Oscar Salazar Puig	1 Year
Robert Couffer	8 Years	Joseph Montes	2 Years	Neil Patterson	1 Year
Apostolos Halatsis	6 Years	Michael LaMountain	2 Years	Colin Feliciano	1 Year
Halim Roy	6 Years	Jonathan Miliano	2 Years	Lisa Le	1 Year
Joel Pool	6 Years	Ariel Diaz	2 Years	Pedro Galindo	1 Year
David Henderson	6 Years	Marcin Wlodarczyk	1 Year	Karel Ensenat	1 Year
Jose McCullough	6 Years	Lamont Gordon	1 Year	Marvin Meyers	1 Year
Justin Klein	5 Years	Ray Ackerman	1 Year	Scott Draper	1 Year
		Dedric Jones	1 Year		

February

Laura Catlow	24 Years	Yonexy Castillo Reyes	6 Years	Christopher Hunt	1 Year
Earnest Dunn	21 Years	Alex Hernandez	6 Years	James Lannom	1 Year
Arnoldo Masters	19 Years	Patrick MacGrogan	5 Years	Robert Mucilli	1 Year
Grant Walker	15 Years	Stephen King	5 Years	Brian Overman	1 Year
Kristina Whorton	13 Years	Jonathan Correale	5 Years	Thomas Angelina	1 Year
Brian Powers	12 Years	David Brown	5 Years	Robert Tulipan	1 Year
John Kopervos	11 Years	Linus Barber	3 Years	Reinaldo Milian	1 Year
Laura Tyler	11 Years	Jose Martinez	3 Years	Marissa Alexio	1 Year
Evangelina Hart	8 Years	Tiffany West	3 Years	Josbany Rodriguez Alejo	1 Year
Sean Bageard	8 Years	Joseph Azarro	3 Years	Jad Heslin	1 Year
Timothy Murphy	7 Years	Nickolas Filippou	2 Years	Robert Bradham	1 Year
William Bishop	7 Years	Kenneth Salazar	2 Years	Daniel Sanchez Gutierrez	1 Year
Shawn Morrison	7 Years	Jemirah Brown	2 Years	Neil Post	1 Year

March

Jesse Moody	37 Years	Rosa Gonzalez-Lizardo	7 Years	Natalie Hauf	2 Years
Shane Downs	17 Years	Jason Cook	7 Years	Jose Rodriguez	2 Years
Terry Kahl	15 Years	Cynthia Martin	6 Years	Mike Deau	2 Years
Jim McBride	13 Years	Zach Duda	6 Years	AJ Whittaker	2 Years
Robert Cain	10 Years	Mark Severance	6 Years	Brandon Melvin	2 Years
Jennifer Lopez-Alcedo	10 Years	David Murphy	6 Years	Albert Geddes	2 Years
Christian Escalante	9 Years	Karel Rodriguez	5 Years	Eddie Oliver	1 Year
Tammy Throgmorton	9 Years	Henry Valcarcel	5 Years	Zach Kulchin	1 Year
Angel Gonzalez	9 Years	Ernesto Perez	5 Years	Jacob Monnin	1 Year
Dennis Carroll	8 Years	Todd Tokos	4 Years	Lori Pearson	1 Year
Dionisio Cartagena	7 Years	Nick Wertman	3 Years	Amador Almaraz	1 Year
Ruben Castillo	7 Years	Anthony Hughes	3 Years	Dylan Pigford	1 Year
		Mile Zekanovic	2 Years		

LIFT ACADEMY
CLEARWATER, FL



BCH
MECHANICAL
CONNECT WITH BCH!



ConServ
Building
Services
CONNECT WITH CONSERV!